



Foundation for Human Learning and Growth - Aastha

## THE SUMMER EVENT 2025 OFFERINGS

### 1 Week Programs - 5th - 10th May 2025

**1. Discovering Potential in Role and Identity**

Gain insight into distinctive roles and their interplay with the self, in both personal and professional systems. Discover new action choices and pathways to growth.

**2. Awakening the Hero Within**

This is an invitation to (re)discover, unlock and guide the inner hero that resides within each of us. Explore aspirations, and come in touch with the quest to kindle inner potential.

**3. Crossing Thresholds of Growth**

(for youth aged 17-21 yrs)

A journey of self discovery into the ever evolving adventurous world of the young, through sharing, relating, creativity and fun activities. It's an opportunity for turning doubts to dreams and dreams into a road map for the future.

**4. My World, My Adventure**

(for children aged 10-16 yrs)

It is an invitation for children to experience new adventures. To explore and articulate the joys and challenges of their world. Engage with reflective discussions, art, drama and outdoor activities to learn, grow and carry back lasting memories.

### 2 Week Programs - 5th - 17th May 2025

**Professional Development Program in Human Processes and Facilitation - Internship Phase 1, 2 and 3**

*(Registration for all the programs: 4th May 2025 at 4:00 pm)*

Learn to facilitate and nurture well-being & wholesomeness for self and collectives. It is an opportunity to review and redefine oneself and the course of one's life.

**Venue: Kirloskar Institute of Management, Pune**

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